



Friday, March I

Breakfast: Mini French Toast, Fruit and Juice Choices & Milk

Today's Entree Choices

- 1. Buffalo Chicken Dip & Chips
 - 2. Pizza Munchie Lunch

Featured Veggie & Fruit Sides

Celery Sticks Cucumber Slices Strawberry Cup

** So Lucky! **

FREE BREAKFAST

for every student,

* every day! **

Alternate Breakfast Entrees
Yogurt & Grahams
Rice Chex & Grahams
Cheerios & Grahams

Mini Wheats & Grahams





Monday, March II

<u>Breakfast:</u> Mini Cinnis, Fruit and Juice Choices & Milk

Today's Entree Choices

1. Chicken Nuggets & Roll

2. Hummus & Seasoned Flatbread

Featured Veggie & Fruit Sides
Steamed Sweet Peas
Baby Carrots
Warm Cinnamon Apples

Tuesday, March 12

Breakfast: Banana Bread, Fruit and Juice Choices & Milk

Today's Entree Choices

- 1. Big Daddy's Pizza
- 2. Deli Turkey Sandwich

Featured Veggie & Fruit Sides Steamed Corn

Fresh Veggies
Peach Cup

Wednesday, March 13

Breakfast: Raspberry Pastry, Fruit and Juice Choices & Milk

Today's Entree Choices

- 1. Chicken Cheesesteak
 2. Grilled Cheese Sandwich
- Featured Veggie & Fruit Sides

Tomato Soup Carrot & Celery Sticks Apple Slices

Dessert: Goldfish Crackers

Thursday, March 14

Breakfast: Blueberry Muffin, Fruit and Juice Choices & Milk

Today's Entree Choices

- I. Pancakes & Canadian Bacon*
- 2. Ham, Egg & Cheese Croissant*
 *Entrees can be requested without meat

Featured Veggie & Fruit Sides
Hashbrown Potatoes
Sweet Pepper Strips
Strawberry Cup

Friday, March 15

Breakfast: Mini Waffles, Fruit and Juice Choices & Milk

Today's Entree Choices

- I. Pasta & Meatballs
- 2. French Bread Pizza

Featured Veggie & Fruit Sides

Roasted Broccoli Cherry Tomatoes Sweet Melon

GIANT customers can round up at the register through the end of March to help their local public schools eliminate childhood hunger.

ROUND UP

Monday, March 18

Breakfast: Mini Cinnis, Fruit and Juice Choices & Milk

Today's Entree Choices

- I. Chicken Nuggets & Roll
- 2. Warm Cheese Pretzel

Featured Veggie & Fruit Sides
Creamy Broccoli Soup
Crisp Baby Carrots
Granny Smith Apples

Dessert: Sugar Cookie

Tuesday, March 19

Breakfast: Banana Bread, Fruit and Juice Choices & Milk

Today's Entree Choices

- 1. Toasted Turkey & Bacon Sub*

 *can be requested w/o bacon

 2. Grilled Chicken Salad* & Brdstick
 - Featured Veggie & Fruit Sides
 Bowtie Pasta Salad
 Cool Cucumber Slices
 Honeydew Melon

*can be requested w/o meat

Wednesday, March 20

Breakfast: Whole Grain Frudel, Fruit and Juice Choices & Milk

Today's Entree Choices

- 1. Chicken Patty Sandwich 2. Spicy Cheese Quesadilla
- Featured Veggie & Fruit Sides

Spinach Salad & Strawberries Roasted Ranch Chickpeas Green Grapes & Kiwi



Thursday, March 21

Breakfast: Cinnamon Coffee Cake, Fruit and Juice Choices & Milk

Today's Entree Choices

- Walking Taco
 Black Bean Dip & Chips
- Featured Veggie & Fruit Sides
 Sugar Snap Peas

Green Pepper Strips
Orange Slices & Star Fruit



Friday, March 22

Breakfast: Mini French Toast, Fruit and Juice Choices & Milk

Today's Entree Choices

- I. Chicken Alfredo
- 2. French Bread or Pan Pizza

Featured Veggie & Fruit Sides
Roasted Zucchini
Celery & Broccoli

Fresh Pears

Save the Silverware!

Our silverware continues to live their lives in peril!
Everyday, so many forks and spoons don't make it back to the dish room to be washed and to serve again!
It is sad...they are sad!
So be careful to return your silverware to the dish room and Save the Silverware!

Go for the Greens Try delicious green fruits and vegetables with lunch! March 18-22

Monday, March 25

Breakfast: Mini Cinnis, Fruit and Juice Choices & Milk

Today's Entree Choices

- I. Popcorn Chicken & Roll
- 2. Yogurt Parfait & Roll

Featured Veggie & Fruit Sides

Steamed Sweet Corn
Baby Carrots
Mandarin Oranges

Tuesday, March 26

Breakfast: Banana Bread Fruit and Juice Choices & Milk

Today's Entree Choices

- I. Italian Dunkers
- 2. Deli Turkey Sandwich

Featured Veggie & Fruit Sides

Crisp Broccoli Cowboy Bean Salad Sweet Pineapple

Wednesday, March 27

Breakfast: Raspberry Pastry, Fruit and Juice Choices & Milk

Today's Entree Choices

- I. Sloppy Joe Sandwich
- 2. French Bread Pizza

Featured Veggie & Fruit Sides

French Fries Fresh Veggies Warm Cinnamon Apples

Dessert - Ice Cream Cup

March 28 - No School

March 29 - No School

Every meal includes milk produced on Pennsylvania's dairy farms.



Happier & Easier School Celebrations

For birthday treats delivered to your child's classroom -

www.scasd.org/schoolmeals

Click on the Birthday Basket link.



School employees may not discuss account IOUs with younger children. Please sign up at myschoolbucks.com to view account information and to receive low balance email alerts. These on line features are available free of charge to families. -Thanks!

HELP

Looking for a job with family-friendly hours?

SCASD Food Services currently has part time positions available. Call for information.

814-231-5095

Payments to Student Accounts

To add funds to your child's account for cafeteria purchases, please pay on-line at www.MySchoolBucks.com or mail checks to: SCASD FSD, 653 Westerly Parkway, State College, PA 16801. One check can be sent to split between multiple children. Please include the name of the student(s) for whom the check is intended, the school(s) they attend, and a phone number in case of questions. Make checks payable to SCASD FSD. Payments are not accepted at the elementary schools.

Our Nation's History

mmigrants coming to America in the early 1600s brought cattle from Europe to provide meat, milk, and cheese for their families. When people began moving into cities in the late 1800s, it became necessary for milk to be safely produced and transported from farms to the cities. Milking machines

transported from farms to the cities. Milking machines, pasteurization equipment, refrigerated train tank cars, automatic bottling machines, and tuberculin tests for cattle were developed during this time, creating the modern dairy industry. While the dairy industry has changed over the years, most dairy farms today are still

family owned. And many are run and maintained by the descendants of the same families who founded them more than 100 years ago.

